

Finding Your Voice

Infopack - Call for Participants



Finding Your Voice is an Erasmus+ supported training course, realised in Hungary, for youth workers, artists and educators, volunteers designed to provide the opportunity to explore and develop the use of voice and singing as a methodology for promoting democratic participation. Apply now!

What is “Finding Your Voice”?

Finding Your Voice is a training course that offers an opportunity for youth workers and those working with young people the opportunity to explore and develop the use of voice and singing as a methodology for promoting democratic participation.

The connection between music and politics, particularly political expression in song, has been seen in many cultures. Although music can influence political movements and rituals, it is not clear how or to what extent general audiences relate to music on a political level. Music can express anti-establishment or protest themes, including anti-war songs, but also pro-establishment ideas can be represented. From the ‘singing revolution’ across the Baltic countries to the punk anti-establishment of the 70’s and more recently of Pussy Riot in Russia, music and song seem to lend itself well as a platform for protest. More recently the social media phenomena of TikTok has also become an outlet for sharing opinions through song.

How as youth workers can we encourage the young people we work with to explore and engage as active citizens in the democratic process and find their political voice?

This training wants to firstly explore the benefits of singing as a youth tool and methodology. How can we utilize singing for promoting self confidence and developing positive self esteem and other youth work priorities such as teamwork, problem solving and cultural expression?

We will then look to explore the power and influence of the 'protest song' and how we can use singing for promoting democratic participation. While throughout the training developing our own development and expression through working on our own voice.

Come and find your voice, and help young people find theirs!

Course Aims & Objectives

The Training Courses Overall Aim:

To empower youth workers and those working with young people to harness the transformative potential of singing and vocal expression as a means to enhance personal development, communication skills, active citizenship, and leadership abilities. This course seeks to enable participants to not only discover the joy of singing but also to recognise its value as a tool for personal growth and social change. Equipping youth workers with tools to actively engage young people in developing essential skills for active participation, civic and democratic responsibility, pathways to employability and/or education through a new found confidence in expressing themselves through using their voice.

Course Objectives

The main objectives of the course are:

- Discover the pleasure of singing and using your own voice
- Explore the power of using your own voice to express thoughts, emotions, feelings and intentions
- Understand how singing can be used as a personal development tool helping to increase self-esteem and perception
- Explore how singing can be used to encourage active listening, cooperation and dialogue in our work with young people
- Define through the dynamics of singing a positive approach towards leadership and development of skills
- Identify approaches to dialogue, political change, active citizenship, and the conveyance of messages through song that can support our youth work
- This course also focuses in particular on two of the main objectives of Key Action 1 of the Erasmus + program:
- Support young people in the acquisition of skills (knowledge, skills and attitude) so as to improve their personal development and employability in the European labor market and beyond
- Support the professional development of those working in the fields of education, training and youth in order to renew and improve the quality of teaching, training and social-educational animation throughout Europe

Target Groups

Who can apply?

- Youth leaders,
- Youth and social workers,
- Artists and creatives working with young people,

- Educators, and all those who have a professional interest in the field of education and youth work.
- 18+ and working with young people.

We have no maximum age restrictions as we believe that a group with a diverse age range will provide a rich variety of perspectives and experiences, which will give added value to the training experience.

Participants who are resident in one of the following countries are eligible to apply:

Organisation	Country	# Participants
Hangolda_Egyesület	Hungary	3
BeASILY UG (Haftungsbeschränkt)	Germany	3
Social-educational institution "Family Center "Daddy Can"	Belarus	3
ASOCIACION 217 SUR	Spain	3
VSI GEROS VALIOS ISTAIGA	Lithuania	3
FUNDACJA DOBRA WOLA	Poland	3
AMASYA ANADOLU LISESI	Turkey	3
MUOVIMENTO SOCIETA COOPERATIVA SOCIALE	Italy	3
Ballyfermot Youth Service	Ireland	3
International Alliance for Integration and Sustainability	Malta	3

If you require information in your local language please contact the partner listed above

Course Background

Finding Your Voice is a training course that has a history rooted in collaborations and builds on knowledge and experience gained from previous successful editions. It has been successfully implemented 3x before. The first edition took place in Italy in April 2019, and the second was in Scotland, UK, in June 2022, hosted by Coyote Initiatives and Polbeth Community HUB, the third was in Germany in October, 2025, hosted by BeASILY. The training team for the 2025 course includes Buzz Bury and Mafalda Morganti, who are part of the original training team and have been involved in all previous editions, alongside Ollie Clubb. The program for the upcoming edition has been adjusted based on feedback and lessons learned from the previous editions.

OUR Approach and Working Methods

Finding Your Voice is a transformative learning journey that will equip you with unique, powerful tools for your youth work. The Finding Your Voice training course uses an array of

creative and non-formal techniques designed to provide a unique and wonderful personal and professional development opportunity as well as inspire creative youth practice. The entire programme is structured around the principles of non-formal education: its not about lectures; it's about experiencing, doing, and reflecting. ensuring that you are actively engaged throughout. The training team, will guide you through a diverse mix of activities that stimulate different learning styles and keep you engaged

The training course covers an array of creative and informal techniques to make this a unique and wonderful personal and professional development opportunity. You will not only gain new creative tools but also develop crucial competences like effective communication, active listening, empathy, fostering creativity, managing ambiguity, and boosting self-confidence.

Training team

Finding Your Voice is led by experienced and passionate international trainers, each bringing unique skills in the world of creative expression and community arts. Get ready to learn from a team whose passion for creativity and music is as infectious as it is effective!

Buzz Bury

Buzz is described as a 'creative meddler' who uses art to co-create and explore innovative ways to bring people's stories to life. He is also a World Music DJ and a writer for Songlines Music Magazine, which highlights his deep connection to music and diverse cultures.



Mafalda Morganti



Mafalda is an international youth work trainer, (graphic) facilitator, consultant and project coordinator with over 15 years of experience. She has managed a range of regional, national and international projects and worked for several National Agencies and SALTO's Training and Cooperation Centre. Her main areas of expertise are creativity, community building and personal development, which she tackles mainly through creative and artistic methods and tools such as improv theatre, circle singing and voice work and live action role-playing (LARP).

Phill Fairhurst

Phill is a creative producer, community choir director, and creative health practitioner from the North of England, where he has spent years doing something deceptively simple and profoundly powerful: giving people their voices back.

On this course, Phill brings the practice, the passion, and the knowledge of what it actually takes to create musical spaces where everyone belongs. Expect warmth, expect challenge, and expect to leave with a clearer sense of why your voice matters more than you might think.



Together Buzz, Mafalda and Phill bring a rich combination of musical expertise, youth work experience, creative methodologies, personal development skills, and a deep understanding

of international youth projects, ensuring a dynamic and impactful learning experience for all participants.

Project coordinator: Beata Kovacsne Teslery

Costs

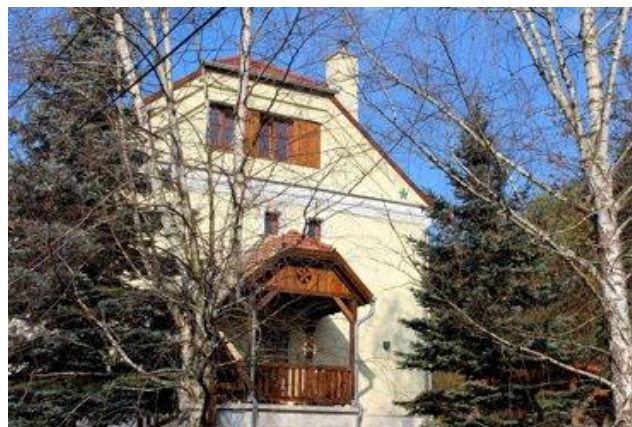
The project has been co-financed by the Erasmus+ programme.

Accommodation and food

The costs related to accommodation and food and travel are co-funded by Erasmus+ and participation fees.

Breakfast, Lunch, Dinner and breaktime refreshments and snacks will be provided.

Accommodation is in Répáshuta:



https://www.eszakerdo.hu/magyar/erdisk/bikkmakk_uj.htm

Travel Costs

The travel costs will be covered according to the Erasmus+ standards up to the following amounts:

Country	Max Reimbursement
Hungary	€56.00 (if Green Travel)
Germany	€417.00 (if Green Travel)
Belorus	€417.00 (if Green Travel)
Spain	€395.00
Lithuania	€417.00 (if Green Travel)
Poland	€285.00 (if Green Travel)
Turkey	€417.00 (if Green Travel)
Italy	€309.00
Ireland	€309.00
Malta	€309.00

Travel costs will be reimbursed after completion of the course

Participation Fee

We ask for a participation fee from each participant on a sliding scale of 75 Euro to 125 Euro depending on status (Students and unemployed individuals 75 Euro, Part time workers 100 Euro, full time workers 125 Euro)

Host and Organiser

Hangolda is an association with the purposes of:

- musical and artistic development of children and youngsters from the early childhood,
- acquaintance, transfer of Hungarian folk and music culture,
- organizing family dance clubs, realization of cultural performances, and organizing relating exhibitions,
- support of trainings for music and development education,
- organizing parents' club for families about bringing up children and health protection, about the protection of our environment and animals, and about environment awareness in family,
- collaboration among families using development and cultural programmes and common music playing,
- support of and participation in artistic education,
- music and sound therapy for the purpose of health preserve, prevention and rehabilitation.

Dates & Location

Hungary – 25th August to 1st September 2025

Location: Répáshuta

The accommodation will be in shared dormitory-style rooms. All bed linen and towels will be provided.

Notice: the venue is not wheelchair friendly, unfortunately.

Our group will be responsible for living together during the course. It is a normal part of our educational approach and encourages community spirit, responsibility and sharing. Everyday tasks will be shared by participants, as part of the "sustainable living" experience.

APPLICATION FORM

In order to apply to the training course, please fill the following application form by following this link:

<https://forms.gle/LT5EXvaCybCrMutr9>

Application deadline

Applications must be submitted by 10/05/2026 selection of participants will be made by local partners and results will be communicated via email no later than 25/05/2026

Questions?

If you have any questions please send a message to:

hangoldaegyesulet@gmail.com